



Improve your well-being – and save hundreds

As a member of MPB.Health, you have access to WholeHealth Living Choices®, the largest complementary and alternative medicine (CAM) network in the nation.









Once logged in to the WholeHealth Living Choices site, you can browse discounts that give you **<up to 30%>** off <massages, acupuncture, personal training, dental plans, hearing aids, prescription savings> and more.¹

How to get started:

1. Visit the MPB.Health website and log in as a member.
2. Click the WholeHealth Living Choices link.
3. Register for the site, download the offers of your choice and redeem them as instructed.



More than <35,000> providers, products and services are waiting ...

			
Prescription savings	Dental discounts	Hearing aids	Dietitians, nutritionists and weight loss products
			
Pain management and chronic condition treatment	Holistic medicine practitioners	CAM services include more than <40> specialties such as acupuncture, chiropractic and massage	Yoga, tai chi, qi gong and other exercise therapies

At WholeHealth Living®, We Share the Health

1. Discounts vary per products and services. Products and services are offered for sale by third parties.

WholeHealth Living is not a covered insurance benefit. It is a discount program offered at no additional cost by leading insurance companies. Certain products and services offered through WholeHealth Living Networks, Inc. may be eligible for payment or reimbursement through a Health Savings Account (HSA) or a Flexible Spending Account (FSA). Please check with your HSA or FSA administrator to determine if the products or services you are interested in purchasing are IRS-qualified medical expenses. Any information provided here is not intended to serve as legal or tax advice. For a complete list of IRS-qualified medical expenses, visit www.irs.gov.

Frequently Asked Questions

What is WholeHealth Living Choices?

An online network of discounts to <35,000> health products, providers and services.

What can I find on the website?

Use the WholeHealth Living Choices website to easily:

- ✓ Find HSA-compatible discounts
- ✓ Browse featured offers
- ✓ Read health-related articles on our exclusive blog
- ✓ Email or print your wellness discounts
- ✓ Get directions with Google Maps integration

How do I access and redeem my discounts?

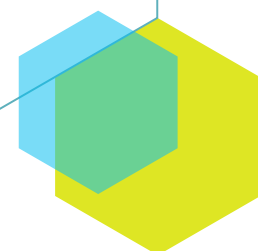
Visit your health plan or employer group's website and click the link for WholeHealth Living Choices. Once you register for the site, you can browse the network to find discounts in your area. Select an offer and follow the instructions listed for redemption (they vary based on the specific kind of discount).

What kinds of discounts are available?

With <35,000+> participating partners in the network, you'll enjoy significant discounts on a variety of offers. Receive up to <30%> off <massages, acupuncture, personal training, physical therapy, dental plans, hearing aids, prescription savings> and more.

Who do I contact if I have questions?

Please contact your health plan or call WholeHealth Living Customer Service at **1-800-274-7526**.



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